

## Frequently Asked Questions



Where can we connect with you further?

The best place to connect with me is in my Facebook Group, "[Love Your Day, Love your Life](#)".

**What's that sticker on my arm?**

Readers often ask about the "sticker" that can be seen on my skin in the photos. That "sticker" is called a DFT and is the 3rd of **three** steps I do in the first 20 minutes of my day. These three steps help me feel and be the best I can be. I am a promoter of the products, so even though they have completely changed my life, I don't refer to them by name on the blog. If you are interested, you can learn more about the product line at [thegoodlife4us.le-vel.com](http://thegoodlife4us.le-vel.com).

Here is an overview :

STEP 1: First of all, I take two capsules before my feet hit the floor EVERY morning. Two capsules allow me to start my day with a premium grade naturopathic formula of vitamins, minerals, plant extract, anti-oxidants, enzymes, probiotics, and amino acids.

STEP 2: I enjoy a delicious premium lifestyle shake for weight management, fitness and lean muscle support.

STEP 3: Finally, I wear the patent pending DFT (the "sticker" in the pic) for time-released delivery. The DFT gives me mental clarity and appetite control throughout the day.

I would be happy to share this experience with you.

Anyone who might be interested in a better lifestyle and premium products can check it out by clicking here:  
[thegoodlife4us.le-vel.com](http://thegoodlife4us.le-vel.com)

Go to the link, watch the video, then click on the top right to become a customer or promoter. Either option is free and there is no obligation. Just take a look around and decide if this might be for you. You can feel free to message me if you have any questions.

To see HUNDREDS OF THOUSANDS of testimonials about the products that have changed my life, go to:

<https://m.facebook.com/LeVelBrands>

Customers and promoters can create accounts in the U.S., Canada, the U.K., Australia, New Zealand, and soon Mexico.

Click [here](#) to contact me with any questions.

Want to do some research first? Save this infographic so you can have access to learn more when you get a free minute



### How tall am I?

I am 5'7"(ish).

### What kind of camera do I use?

We use our smartphones for a lot of our photos. (We have both Samsung and iPhones). The best pictures on this site, and the [Z me](#) videos shared were recorded with the Olympus TG-870 Tough Waterproof Digital Camera. It's durable enough for our lifestyle: waterproof to 50 feet, shockproof to 7 feet, crushproof to 220 pounds, and freeze proof to 14 degrees F. The camera is small enough for easy portability, takes great photos, and is sold at an unbeatable price point. Click on the photo below to go to the amazon affiliate link:

### Do I make money from the Amazon products I recommend?

Sometimes. I (Marcy Vogler) am a participant in the Amazon Services LLC Associates Program, an affiliate advertising program designed to provide a means for sites to earn advertising fees by advertising and linking to Amazon.com. When you click through one of my links and buy products from Amazon, I can earn referral fees on those purchases.

My main reason for sharing the Amazon link is so you can see EXACTLY what products I use. Yes, I am an Amazon shopper! You can rest assured that I will only recommend products I believe in and would use myself. Furthermore, I will be honest about my experiences with the products and also let you know if it is something I don't personally purchase through Amazon. That being

said, Amazon is a trusted site where you can immediately purchase the products I recommend and link on my site. When possible, I will pick products that are available for free 2-day shipping on Amazon Prime because I prefer that myself. :)

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